

## City of Guelph Mandatory Mask Wearing

### Thank you for wearing a mask

In Guelph, you are required to wear mask, scarf, or bandana to cover your nose and mouth on the bus, inside City facilities and local businesses. Wearing a homemade mask or face covering may not protect you from the virus, but it can help protect others around you.

- **How to make a mask or face covering**
- **Do's and don't's: How to use a mask or face covering**

The **medical order from Wellington-Dufferin-Guelph Public Health** states that people don't have to show proof of any health condition that prevents them from wearing a mask. Masks are not required for people who:

- are under the age of 5 years either chronologically or developmentally;
- can't breathe safely while wearing a face covering;
- have a medical reason including but not limited to, respiratory disease, cognitive difficulties or difficulties in hearing or processing information.

### To protect yourself and others from COVID-19

- wash your hands frequently with soap and warm water for at least 20 seconds, or use alcohol-based hand sanitizer
- stay at home
- if you must go out, stay two metres (6.5 feet) away from people outside your household or **social circle**

### University of Guelph Website

<https://www.gryphons-covid-19.ca/>

<https://fitandrec.gryphons.ca/about-us/facilities>

Check out these links to find out more information about the facilities at the University of Guelph, including the Ice Rinks.