

## GMHA COVID-19 Health and Safety Protocols

On behalf of the board, we would like to thank you for your patience during these unprecedented times. Over the past few months we have been working closely with the Ontario Hockey Federation (OHF), Ontario Minor Hockey Association (OMHA) and the City of Guelph to work within the guidelines on how we can return to hockey, keeping the safety of all involved our top priority. Based on the OHF's Plan and Return to Play protocols, and keeping player safety at the forefront of our thinking, the GMHA has created this plan.

Our goal is getting players back on the ice, providing opportunities to promote physical health and supporting the mental well-being of our players. Additionally, we are committed to engaging our players and keeping our skills and love of the game ready for traditional programming when the OHF, OMHA and our public health partners advise us it is safe to do so.

We will update this document as the situation changes and provide you all with notice of any revisions.

### Health Screening Requirements

- Everyone entering the rink will be required to complete a screening questionnaire form that will be emailed to you 24 hours before each on-ice session by your coach or a designated volunteer. This form must be completed prior to your arrival at the rink and emailed back to the coach or designated volunteer. Parents should take a photo/screenshot of the completed forms on their phone as proof of completion, to show at the rink if required (Please do not bring paper forms). We are required to maintain these forms for the purposes of trace testing and compliance so can you please ensure that you save the document in the following format: MM.DD.YY Last Name First Name.
- If the answer to any of the questions on the screening form is “**Yes**”, then the child should not attend the session and seek testing and confirmation of their condition. The same applies to any child or parent who is demonstrating any symptoms of illness regardless of the screening form. **PLEASE NOTE:** no one will be allowed back to on-ice activities until a negative test result has been provided to the GMHA or (in cases where no test has been administered) have served a 14-day period of self-quarantine.
- If a participant or coach has traveled outside the country and not cleared 14 days of self-quarantine or is experiencing any Covid-19 symptoms or has been in contact with anyone with Covid-19 symptoms, **DO NOT PARTICIPATE OR ENTER THE FACILITY**.
- Any communication related to periods of quarantine, testing results or other related issues should be directed to Chris Battaglia, Director of Risk Management, (Cbatts13@outlook.com).

### Facility Protocols

- Due to local and provincial restrictions, only players and **ONE** parent/guardian will be allowed in the rink. No siblings or additional family will be allowed at the rink. There will be **NO** exceptions to this rule.

- While in the facility all players and parents/guardians must wear a mask. The University requires people to wear masks whenever on campus. Entry will not be permitted to anyone not wearing a face mask.
- For players, masks are mandatory in the dressing room, until they put their helmets on. Once removed it must be placed in a bag with their name noted on. Upon completion of the session and removal of their helmet in the dressing room, players must put their masks on again.
- Hand sanitizer stations will be located at the rink and must also be used by each person upon entry to the rink.
- Social distancing (2 meters, 6 feet) **MUST** be maintained, at all times, by everyone in the facility (players, coaches and parents/guardians). This includes while in change rooms or watching the session. Coaches will be responsible for maintaining social distancing on the ice and benches.
- All skaters are expected to come to the arena fully dressed except for their skates, helmets, and gloves – goalies can wear as much equipment as they're comfortable with, so long as they are able to get dressed and undressed in the allotted time before and after their session.
- Players must bring their own **FILLED** water bottle (with player's name clearly marked on the bottle) from home. Players will ensure they take their own water bottle home after the session.
- A player illustrating any symptoms at the facility will be required to leave the facility **IMMEDIATELY**. The player is not to enter the change room, and their attending parent will be responsible for removing any personal items, bags etc. Following this they should attend a testing centre and will not be permitted to attend facilities or on-ice activities until a negative test result has been received or (in cases where no test has been administered) have served a 14-day period of self-quarantine.
- Players and one parent/guardian must arrive at the rink NO MORE than 15 minutes prior to their game/practice and must leave the rink NO MORE than 15 minutes after their game/practice to allow time for proper cleaning and disinfecting work.

Everyone at the GMHA understands that there is a lot of extra preparation these days to get your kids ready for their on-ice activities. But we also know that like us, your kids health and safety is of primary concern. For that reason, we want to thank in advance for your efforts, and also let you know that we deeply appreciate your on-going support and commitment to our players and the game of hockey. See you at the rink soon!

Important Links:

[OHF Return to Play Guidelines](#)

[University of Guelph Covid-19 Facility Usage Protocols](#)

[City of Guelph COVID-19 Facility Usage Protocols](#)