

Parents, Players and Volunteers of the Guelph Minor Hockey Association,

GMHA is proactively reaching out as many of our neighbouring Public Health Units have unfortunately moved into the **Red (Control)** stage under the [Keeping Ontario Safe and Open Framework](#). While we are hopeful that our City and the [Wellington-Dufferin-Guelph Public Health Unit](#) will remain under our current restrictions (**Orange**), it is prudent we are prepared for the possibility of more restrictive measures being placed upon us.

Guelph Minor Hockey's priority has been, and will continue to be, the safety and well-being of all participants in our programming. The move into **Red Level Restrictions** will affect current programming and as such we want to provide our membership as much notice as possible. After a lot of consideration, debate, and analysis it is with heavy hearts that the GMHA has decided to pause all programming (Skating School, Skills Development, Recreational, and Competitive Hockey) if our region is moved into the Red (Control) stage.

The new, and more restrictive measures would mean a total of 10 individuals on the ice, compared to the current 24 allowed. The total ice time required for us to be able to continue with all promised sessions, per registered player, per week is simply not feasible with the Red Level participant limits in place. Essentially, if we were to continue to operate status quo, every participant would be getting less than half their current ice time at the current cost and scrimmage games would not be allowed. Additionally, the City of Guelph, University of Guelph, and the local Public Health Unit reserve the right to close recreational facilities should we move to the Red (Control) stage. If this were to happen it would eliminate our ability to host on-ice programming completely.

GMHA has to consider the health and safety of all, as well as the financial impact on our association; and most importantly the families we serve. As such, GMHA feels it is in everyone's best interest financially, as well as health and safety wise, to pause programming in the event we move to Red, until our Public Health Unit has rolled back to less restrictive public health measures. (Orange, Yellow, Green).

The attached chart(s) show the changes in restrictions for each level of [Ontario's Response Framework](#). One from the Province and the other from [QMHA](#). We have also included information from the City of Guelph and the University of Guelph. Please review all information as it is imperative that everyone is aware of, and follows, ALL healthy and safety protocols, restrictions, and rules. Failure to comply could result in suspension of programming.

We know this may be very disappointing for you and your player(s), we too are saddened should we have to take a break from the ice. The health and safety of everyone in our community is of utmost importance, and we appreciate everything being done to help flatten the curve in our city. Together we will overcome this, and should we move to Red, together we will find our way back to the rink when it is safe and feasible to do so.

[GMHA Safety Protocols](#)

[University of Guelph Protocols](#)

[The Zone Protocols](#)

[City of Guelph Information for Arena Users](#)

Arena Specific Protocols - [Centennial](#), [Victoria Road](#), [Exhibition](#), [West End](#), [Sleeman Centre](#)

OMHA COVID-19 RETURN TO HOCKEY | 2020-21

Within the Government of Ontario's COVID-19 Response Framework: Keeping Ontario Safe and Open are five colour coded levels of public health measures. Each Public Health Unit falls within one of the following levels, which will have implications on OHF programming:

PREVENT STAGE 3B	<ul style="list-style-type: none"> • Instruction training for registered players within Association • 3v3/4v4 competition (compliant within Ontario Regulation 364/20. Specifically cohorts of 50 or less) • No travel outside of PHU unless otherwise approved by OHF • Max 30 participants (players & coaches) on-ice
PROTECT STAGE 3B	<ul style="list-style-type: none"> • Instruction training for registered players within Association • 3v3/4v4 competition (compliant within Ontario Regulation 364/20. Specifically cohorts of 50 or less) • No travel outside of PHU unless otherwise approved by OHF • Max 30 participants (players & coaches) on-ice
RESTRICT STAGE 3B	<ul style="list-style-type: none"> • Instruction training for registered players within Association • 3v3/4v4 competition (compliant within Ontario Regulation 364/20. Specifically cohorts of 50 or less) • No travel outside of PHU unless otherwise approved by OHF • Max 30 participants (players & coaches) on-ice
CONTROL STAGE 1	<ul style="list-style-type: none"> • Instruction training for registered players within Association • Strict on-ice physical distance required • Max 10 participants (players & coaches) on-ice • Minimum 2 registered bench staff present <ul style="list-style-type: none"> • Recommend 1 on-ice coach • Recommend 1 off-ice trainer (behind glass) to allow for maximum on-ice participants
LOCKDOWN	<ul style="list-style-type: none"> • No programming delivered



The OMHA will be working with the Ontario Hockey Federation and Hockey Canada as well as following provincial health guidelines for a safe return to hockey.

*Source: OHF Return to Hockey Framework

Government of Ontario Measures for Sports and Recreational Fitness

PREVENT (Standard Measures)	PROTECT (Strengthened Measures)	RESTRICT (Intermediate Measures)	CONTROL (Stringent Measures)	LOCKDOWN (Maximum Measures)
<ul style="list-style-type: none"> • Maintain 2m physical distancing, unless engaged in a sport • Maximum of 50 people indoors or 100 people outdoors in classes • Maximum of 50 people indoors in area with weights or fitness or exercise equipment • Maximum of 50 spectators indoors or 100 spectators outdoors • Capacity limits applied on a per room basis if operating in compliance with a plan approved by the Office of the Chief Medical Officer of Health (Guidance for Facilities for Sport and Recreational Fitness Activities During COVID-19) • Team or individual sports must be modified to avoid physical contact; 50 people per league • Exemption for high performance athletes and parasports • Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public • Face coverings required except when exercising 	<p>Measures from previous levels and:</p> <ul style="list-style-type: none"> • Increase spacing between patrons to 3m in areas with weights or exercise equipment and in exercise and fitness classes • Maximum of 10 people per room indoors and 25 outdoors in fitness or exercise classes • Require contact information for all members of the public that enter the facility • Require reservation for entry; one reservation for teams • Safety plan is required to the prepared and made available upon request 	<p>Measures from previous levels and:</p> <ul style="list-style-type: none"> • Maximum of 50 people total in areas with weights and exercise machines and all classes (revoke OCMOH approved plan) • Screening of patrons is required, in accordance with instructions issued by the Office of the Chief Medical Officer of Health • Patrons may only be in the facility for 90 minutes except if engaged in a sport • No spectators permitted (exemption for parent/guardian supervision of children) 	<p>Measures from previous levels and:</p> <ul style="list-style-type: none"> • Gyms and fitness studios permitted to be open: • Maximum of 10 people indoors or 25 people outdoors in classes • 10 people indoors in areas with weights or exercise equipment • Team sports must not be practiced or played except for training (no games or scrimmage) • Activities that are likely to result in individuals coming within 2m of each other are not permitted 	<p>Measures from previous levels and:</p> <ul style="list-style-type: none"> • Closure of all indoor facilities, including indoor courts, pools, and rinks • Community centres and multi-purpose facilities (e.g., YMCA) allowed to be open for permitted activities such as child care services • Indoor individual and team sports (including training) not permitted with exemptions for high performance, including parasport athletes, and professional leagues (e.g., NHL, CFL, MLS, NBA) • Outdoor sports, classes, and use of amenities, limited to 10 people